



## **A MINUTE OF HEALTH WITH CDC**

### *Help for Infertility*

*National Infertility Awareness Week, April 23-29, 2017*

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*[Announcer] This program is presented by the Centers for Disease Control and Prevention.*

For many couples, having a child is a shared dream. Fertility problems can shatter that dream. During a recent three-year period, 1.6 million reproductive-aged women reported difficulty getting pregnant. In addition, one in 10 men between 25 and 44 said they or their partner had consulted a doctor for advice on or treatment for infertility. Causes of infertility include certain diseases, environmental exposures, smoking, and excessive alcohol use. Fortunately, medical advances provide hope for couples struggling to have a baby. If you've tried and not conceived in over a year, talk with your health care provider about possible options.

Thank you for joining us on a Minute of Health with CDC.

*[Announcer] For the most accurate health information, visit [www.cdc.gov](http://www.cdc.gov) or call 1-800-CDC-INFO.*